

Florida Prostate Connection

An independent monthly newsletter
dedicated to providing information on prostate cancer awareness, education & support

October 2009

Orlando, FL

A list of Web sites for awareness & support programs, treatment options & prostate cancer research

Rather than feature articles this month,
here's a handy list of Web sites for you to reference and to provide others.

1. **American Cancer Society (ACS):** cancer.org -- Information and Resources for Cancer. The American Cancer Society is a nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives from cancer, and diminishing suffering from cancer through research, education, advocacy and service. ACS also has a prostate cancer support group program called Man to Man.
2. **American Brachytherapy Society (ABS):** americanbrachytherapy.org/index.cfm -- Founded in 1978, the American Brachytherapy Society (ABS) is a nonprofit organization that seeks to provide insight and research into the use of brachytherapy in malignant and benign conditions. The organization consists of physicists, physicians, and other health care providers interested in brachytherapy. The mission of the ABS is to benefit patients by providing information directly to the consumer, by promoting the highest possible standards of practice of brachytherapy, and to benefit health care professionals by encouraging improved and continuing education for radiation oncologists and other health care professionals involved in the treatment of cancer. Additionally, the ABS seeks to promote clinical and laboratory research into the frontiers of knowledge of the specialty and to study the socioeconomic aspects of the practice of brachytherapy.
3. **Boodrow:** boodrow.com – A site developed by Nelson Boudreau, a survivor in Baton Rouge, La, Nelson features support group newsletters from several parts of the country.
4. **Centers for Disease Control & Prevention (CDC):** cdc.gov/cancer/Prostate/basic_info/treatment.htm -- Through the National Comprehensive Cancer Control Program, CDC has supported the development of Comprehensive Cancer Control plans in all 50 states and in several tribes and U.S. Associated Pacific Islands and territories. Many of these plans include activities to control the burden of prostate cancer. Publications developed by CDC include *Prostate Cancer Screening: A Decision Guide*, which presents a balanced approach to the pros and cons of prostate cancer screening and enables men, their families, and physicians to make a decision that is right for them. CDC also created decision guides specifically for African American and Hispanic men.
5. **CyberKnife Society:** cksociety.org/ -- A focus for the CyberKnife[®] Society is to encourage and enhance CyberKnife adoption and radiosurgical techniques in the worldwide medical community and among healthcare providers and patients.
6. **High Intensity Focused Ultrasound (HIFU):** www.ushifu.com/ -- US HIFU, LLC is a privately held health care company focused on treating primary and recurrent prostate cancer using HIFU, a minimally invasive outpatient procedure which significantly improves patients' quality of life. US HIFU was founded in 2004 and is headquartered in Charlotte, N.C.
7. **Men's Health Network (MHN):** -- menshealthnetwork.org/ -- Men's Health Network is a national non-profit organization whose mission is to reach men and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation.
8. **National Association for Proton Therapy (NAPT):** proton-therapy.org/ -- This is the *Voice of the Proton Community* in the U.S. NAPT promotes the clinical benefits of proton beam radiation therapy for cancer patients and their families. Founded in 1990, NAPT is an independent, non-profit, public benefit corporation. It serves as a resource center for cancer patients and their families, physicians and health care providers, academic medical centers, cancer centers, the U.S. Centers for Medicare and Medicaid Services (CMS) and other federal health care agencies, members of Congress and staff, and the nation's news media.
9. **National Cancer Institute (NCI):** cancer.gov/cancertopics/types/prostate -- The National Cancer Institute is a component of the National Institutes of Health (NIH), one of eight agencies that compose the Public Health Service (PHS) in the Department of Health and Human Services (DHHS). The NCI, established under the National Cancer Institute Act of 1937, is the Federal Government's principal agency for cancer research and training. The National Cancer Act of 1971 broadened the scope and responsibilities of the NCI and created the National Cancer Program. The National Cancer Institute coordinates the National Cancer Program, which conducts and supports research, training, health information dissemination, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer, rehabilitation from cancer, and the continuing care of cancer patients and the families of cancer patients.
10. **National Prostate Cancer Coalition (NPCC):** <http://www.centerwatch.com/ctrc/npcc/> -- The NPCC aims to educate every American about the risk of prostate cancer, the importance of early detection and the research funding needed to beat the disease. We have built a network of partners from Former New York City Mayor *Rudy Giuliani* to NASCAR, to create effective awareness campaigns like *Do It For Dad*, and *Prostate Cancer Awareness Month*. The NPCC manages the only national mobile prostate cancer screening clinic, the *Drive Against Prostate Cancer*, reaching out to at-risk and underserved communities by offering free, complete and confidential screenings. So far, the program has screened over 45,000 men. The National Prostate Cancer Coalition actively works with government officials to increase federal funding for prostate cancer research, by partnering with top-notch organizations representing high-risk groups such as African Americans and Veterans.

11. **Prostate Cancer Conditions Council (PCEC):** prostateconditions.org/ -- Our mission is to save lives through awareness and the education of men, the women in their lives as well as the medical community about the prevalence of prostate cancer, the importance of early detection, available treatment options and other men's health issues. To conduct nationwide screenings for men and perform research that will help the detection and treatment of prostate cancer and other mens health issues.
12. **Prostate Cancer Foundation (PCF):** prostatecancerfoundation.org/ -- The Prostate Cancer Foundation (PCF) was founded in 1993 to find better treatments and a cure for prostate cancer. The PCF has funded more than 1,500 programs at nearly 200 research centers in 20 countries around the world. Its advocacy for increased government and private support of prostate cancer programs has helped build a global research enterprise of nearly \$10 billion.
13. **Prostate Cancer Research Institute (PCRI):** prostate-cancer.org/ -- The Prostate Cancer Research Institute mission is to improve the quality of men's lives by supporting research and disseminating information that educates and empowers patients, families and the medical community. Material provided by PCRI is intended for educational purposes for discussion with your physician and should not be considered as medical advice. Information and opinions expressed on this Web site are not an endorsement by PCRI for any treatment, product or service.
14. **PSA-rising:** psa-rising.com/ -- An excellent site developed in 1997 by the wife of a husband who had been enrolled in a clinical trial for men with hormone-refractory prostate cancer. The site offers cancer information and medical news with pointers to quality treatments plus opinions from men and partners living with prostate. The site includes a blog where individuals ask questions and exchange information. psa-rising.com/blog/
15. **Robotic Surgery:** davincisurgery.com/ -- website designed to inform patients and their loved ones about what may be the most effective, least invasive surgical treatment option available today. Here, you can become better informed about different approaches to surgery. This knowledge will be valuable as you discuss treatment options with your doctor. Thanks to a breakthrough surgical technology, there is a new category of minimally invasive surgery for which you may be a candidate. It is an effective, minimally invasive alternative to both open surgery and laparoscopy. Through the use of the da Vinci® Surgical System, surgeons are now able to offer a minimally invasive option for complex surgical procedures.
16. **The Urology Channel:** urologychannel.com/ -- Developed and monitored by board-certified physicians, urologychannel provides comprehensive, trustworthy information about urologic conditions.
17. **TomoTherapy:** tomotherapy.com/ This treatment delivers image-guided intensity-modulated radiation therapy for cancer treatment.
18. **Us TOO:** ustoo.org/ -- Us TOO International Prostate Cancer Education & Support Network helps prostate cancer patients and their caregivers find the resources they need to fight their disease. Us TOO has a network of support groups & offers a newsletter called the Us Too HotSheet.
19. **Zero – The Project to End Prostate Cancer:** zerocancer.org/ -- We commit ourselves not only to reduce prostate cancer or alleviate the pain from the disease but to end it. We see a future where all men who have been diagnosed with prostate cancer will be cured or manage their illness with good quality of life, with the support they need to minimize physical and emotional suffering and to cope effectively throughout their cancer journeys. To accomplish our goal, we provide comprehensive treatment information to patients, education to those at risk and conduct free prostate cancer testing throughout the country. We increase research funds from the federal government to find new treatments and we fund research in pursuit of a better test for the disease.

NOTE: Although these sources are national in scope I may have overlooked others. In addition, there are, of course, numerous sites from various clinics, hospitals and other organizations. If you know of other sources worthy of consideration, please submit them to me.

MONTHLY NEWSLETTERS -- 2009

JANUARY – Support group presentation at Macy's in Millenia Mall... Other cancers: Breast cancer in men: not common, but men do get it ... presentation on estate planning: wills, revocable living trusts, durable power of attorney, health care surrogates & living wills... presentation on hospice & palliative care

FEBRUARY – Expectant Management (Watchful Waiting) cancer.org... Surgical robot draws attention during local visit... Other cancers: Five Myths About Colon cancer -- cancer.org... Spousal caregivers may live longer

MARCH – Target scan 3D ultrasound biopsy - medicalnewstoday.com/articles/135795.php... Other cancers: Lung cancer – Several types – cancer.org

APRIL – New study: Early results favorable for 5-day radiation treatment of early stage prostate cancer; sciencedaily.com/releases/2009/03/090316075719; Radio host has prostate cancer; His show could educate & raise fund for research -- news.bostonherald.com/12009_03_17_Don_Imus_prostate_cancer

MAY -- Two Clinical Trials: New England Journal of Medicine – Debate Rages On -- Prostate Cancer Screening: Weigh Risks, Benefits With Your Doctor; Speak up! Contact your Senators to support Prostate Cancer Research at The Dept. of Defense

JUNE – Biomarkers May Predict Aggressiveness of Prostate Cancer – forbes.com 5/5/2009.

JULY – Younger Men With Advanced Prostate Cancer Have Shorter Survival Times -- Source: David Sampson, American Cancer Society, cancer.org... Major League Baseball's reminder on Father's Day, includes players, umpires & ground crews wearing blue for prostate cancer awareness -- mlb.com/news/article

AUGUST – Localized prostate cancer: What should the medical oncologist should know UroToday.com.... Prostate Cancer Awareness Week Sept 20-26 and A reminder: The role of women in helping to prevent prostate cancer prostateconditions.org/pcaw-prostate-cancer-awareness-week

SEPTEMBER – President Obama: "My Administration supports prevention efforts and research to develop better screening tests, uncover more effective treatments, and ensure quality care for all who are diagnosed with this illness." http://thegovmonitor.com/world_news/united_states/september-is-national-prostate-cancer-awareness-month-2877.html... Awareness campaigns: Not only during PC Awareness Month each September, but all year long... Pro & amateur sports promote awareness & research, beer aficionados & a grocery chain help, too athletesforacure.org/, mlb.com/, <http://www.onemanscramble.com/> prostateconditions.org/ prostatecancerfoundation.org ustoo.org PintsforProstate.asp, safeway.com/FL/Grocery/Community-Caring

